

## Todd Middle School November 2017 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Served Daily</u> - PB &amp; Jelly                      Deli Turkey Sandwich                      Ham &amp; Cheese Sandwich                      Tuna Salad Sandwich                      Homemade Hummus Spread                      w/toasted everything bagel                      Garden Salad w/chicken or cheese                      Strawberry Yogurt Parfait</p>	<p><u>5 Vegetable Groups Offered Weekly</u></p> <ul style="list-style-type: none"> <li>• Dark Green</li> <li>• Red/Orange</li> <li>• Legumes (dried beans &amp; peas)</li> <li>• Starchy</li> <li>• Other as defined in guidelines</li> </ul>	1	2	3
<p>Pasta w/meat sauce OR                      Mozzarella Sticks w/ Three                      Grain Pilaf OR Personal Pizza                      Romaine Salad                      Fresh Seasonal Fruit</p>	<p>Cheeseburger w/ oven baked                      garlic fries OR Personal Pizza                      OR Toasted Cheese Sandwich                      Homemade Vegetable soup                      Fresh Seasonal Fruit</p>	8	9	10
<p>Baked Macaroni &amp; cheese OR                      Mozzarella Sticks w/garlic                      bread OR Personal Pizza                      Escarole w/garlic and oil                      Fresh Seasonal Fruit</p>	<p>Cheeseburger w/ oven baked                      garlic fries OR Personal Pizza                      OR Toasted Cheese Sandwich                      Homemade Vegetable soup                      Fresh Seasonal Fruit</p>	15	16	17
<p>Pasta w/meat sauce OR                      Mozzarella Sticks w/ Three                      Grain Pilaf OR Personal Pizza                      Steamed Fresh Broccoli                      Fresh Seasonal Fruit</p>	<p>Cheeseburger w/ oven baked                      garlic fries OR Personal Pizza                      OR Toasted Cheese Sandwich                      Homemade Vegetable soup                      Fresh Seasonal Fruit</p>	22	23	24
<p>Baked Macaroni &amp; cheese OR                      Mozzarella Sticks w/garlic                      bread OR Personal Pizza                      Fresh Spinach Salad                      Fresh Seasonal Fruit</p>	<p>Cheeseburger w/ oven baked                      garlic fries OR Personal Pizza                      OR Toasted Cheese Sandwich                      Homemade Vegetable soup                      Fresh Seasonal Fruit</p>	29	30	30

Roasted Turkey & Rice OR  
 Nacho's w/meat & cheese  
 OR Falafel Pita  
 Homemade Pumpkin Soup  
 Fresh Seasonal Fruit

**Veteran's Day**

**Superintendent's  
 Conference  
 Day**

**Thanksgiving Recess**

**Thanksgiving Recess**

**Thanksgiving Recess**

This institution is an equal  
 opportunity provider  
*Menu is subject to change due to  
 product availability or unforeseen  
 circumstances*