

Spackenkill Fall Varsity Sports Practice - Week of 8/14/17

	Mon 8/14	Tues 8/15	Wed 8/16	Thurs 8/17	Fri 8/18	Sat 8/19
Cheerleading		Practice 6-8 pm @ Nassau Gym	Practice 6-8 pm @ Nassau Gym			Practice 8:30am- 12:30pm @ Nassau Gym
Cross Country	Practice 6-7pm @ SHS Track	Practice 6-7pm @ SHS Track	Practice 6-7pm @ SHS Track	Practice 6-7pm @ SHS Track	Practice 3-4pm @ SHS Track	Practice 10-11am @ SHS Track
Field Hockey - Varsity	Tryouts 8-11am @ Todd 11-12 Team Lunch: Pack Lunch!	Tryouts Session 1 8-8:45am @ HS Track Session 2 9:15-11:15am @ Todd	Tryouts Session 1 9-11am @ Todd Session 2 2-4pm @Todd	Practice Session 1 9-9:45am @ HS Track Session 2 2-4 pm @ Todd	Practice Session 1 9-11am @ Todd 11-12am Team Bldg: Pack Lunch!	
Football - Varsity	Practice 7am-12noon @ SHS	Practice 7am-12noon @ SHS	Practice 7am-12noon @ SHS	Practice 7am-12noon @ SHS & 5-7:30 pm @ SHS	Practice 7am-12noon @ SHS	Practice 7am-12noon @ SHS
Golf	Tryouts 1:45pm @ McCann	Tryouts 1:45pm @ McCann	Practice 1:45pm @ McCann	Practice 1:45pm @ McCann	Practice 1:45pm @ McCann	
Girls Soccer - Varsity	Tryouts 8-11am @ SHS Soccer Field & 6-8pm @ Weight Room	Tryouts 8-11am @ SHS Soccer Field & 6-8pm @ Weight Room	Tryouts 8-11am @ SHS Soccer Field & 6-8pm @ Weight Room	Practice 8-11am @ SHS Soccer Field & 6-8pm @ Weight Room	Practice 8-11am @ SHS Soccer Field & 6-8pm @ Weight Room	
Boys Soccer - Varsity	Tryouts 7-9am & 5-7pm @ Todd	Tryouts 7-9am & 5-7pm @ Todd	Tryouts 7-9am & 5-7pm @ Todd	Practice 7-9am @ SHS	Practice 7-9am @ SHS	Practice 7-9am @SHS
Girls Tennis	Tryouts 7-9am @ SHS Tennis Court	Tryouts 7-9am @ SHS Tennis Court	Tryouts 7-9am @ SHS Tennis Court	Practice 7-9am @ SHS Tennis Court	Practice 7-9am @ SHS Tennis Court	
Volleyball - Varsity	Tryouts 8-11am @ SHS Gym	Tryouts 8-11am @ SHS Gym	Tryouts 8-11am @ SHS Gym	Practice V: 8-10am JV 10-1pm @ SHS Gym	Practice JV: 8-11am V: 11-1pm @ SHS Gym	Practice V: 9-11am @ SHS Gym