

Nassau Elementary School January 2018 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Served Daily - PB & Jelly Deli Turkey Sandwich Ham & Cheese Sandwich Tuna Salad Sandwich Homemade Hummus Spread w/toasted everything bagel Garden Salad w/chicken or cheese</p>	2	3	4	5
<p>Toasted Cheese OR Cheeseburger Homemade Vegetable soup Fresh Seasonal Fruit</p>	<p>Toasted Cheese OR Cheeseburger Homemade Vegetable soup Fresh Seasonal Fruit</p>	<p>Pasta w/meat sauce OR Mozzarella Sticks & garlic bread Romaine Salad Fresh Seasonal Fruit</p>	<p>Pizzeria Slice OR Chicken Patty Homemade Creamy Garbanzo Bean Soup Fresh Seasonal Fruit</p>	<p>Mexican Taco's (3) OR Egg & Cheese on bun Glazed carrots Fresh Seasonal Fruit</p>
8	9	10	11	12
<p>Toasted Cheese OR Cheeseburger Green Peas Fresh Seasonal Fruit</p>	<p>Meatball Sub OR Oven Roasted Turkey w/rice Green Beans Fresh Seasonal Fruit</p>	<p>Pasta w/meat sauce OR Mozzarella Sticks & garlic bread Swiss Chard Fresh Seasonal Fruit</p>	<p>Chicken Patty on a bun OR Pizzeria Slice Homemade Lentil Soup Fresh Seasonal Fruit</p>	<p>Mexican Taco's (3) OR Egg & Cheese on bun Butternut squash Fresh Seasonal Fruit</p>
15	16	17	18	19
<p>Martin Luther King Day</p>	<p>Toasted Cheese OR Cheeseburger Homemade Vegetable soup Fresh Seasonal Fruit</p>	<p>Pasta w/meat sauce OR Mozzarella Sticks & garlic bread Romaine Salad Fresh Seasonal Fruit</p>	<p>Pizzeria Slice OR Chicken Patty Homemade White Bean Soup Fresh Seasonal Fruit</p>	<p>Mexican Taco's (3) OR Egg & Cheese on bun Homemade Pumpkin Soup Fresh Seasonal Fruit</p>
22	23	24	25	26
<p>Toasted Cheese OR Cheeseburger Steamed Corn Fresh Seasonal Fruit</p>	<p>Meatball Sub OR Oven Roasted Turkey w/rice Green Beans Fresh Seasonal Fruit</p>	<p>Pasta w/meat sauce OR Mozzarella Sticks & garlic bread Steamed broccoli Fresh Seasonal Fruit</p>	<p>Chicken Patty OR Pizzeria Slice Homemade Split Pea Soup Fresh Seasonal Fruit</p>	<p>Mexican Taco's (3) OR Egg & Cheese on bun Tomato & Basil Salad Fresh Seasonal Fruit</p>
29	30	31		
<p>Toasted Cheese OR Cheeseburger Spicy Water chestnuts Fresh Seasonal Fruit</p>	<p>Meatball Sub OR Oven Roasted Turkey w/rice Homemade Vegetable soup Fresh Seasonal Fruit</p>	<p>Pasta w/meat sauce OR Mozzarella Sticks & garlic bread Romaine Salad Fresh Seasonal Fruit</p>	<p><u>5 Vegetable Groups Offered Weekly</u> • Dark Green • Red/Orange • Legumes (dried beans & peas) • Starchy • Other as defined in guidelines</p>	<p>This institution is an equal opportunity provider <i>Menu is subject to change due to product availability or unforeseen circumstances</i></p>