

## Spackenkill High School May 2017 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Season chicken w/rice OR Meatball Sub OR Personal Pizza Homemade Vegetable soup Fruit	Roasted Turkey w/rice OR Mozzarella Sticks w/garlic bread Sweet Potato fruit	Cheeseburger w/ oven baked fries OR personal pizza OR Cheese Quesadilla w/side salsa Spinach Salad fruit	Pizzeria Slice OR Chicken bacon ranch wrap or SPAGEL Black bean salad Fruit	Egg & Cheese Sandwich OR Nacho's w/meat & cheese Steamed Water chestnuts Fruit
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Season chicken w/rice OR Meatball Sub OR Personal Pizza Green Beans Fruit	Pasta w/meat OR Mozzarella Sticks w/garlic bread OR personal pizza Homemade Split Pea Soup fruit	Cheeseburger w/ oven baked fries OR personal pizza OR Cheese Quesadilla w/side salsa Collard greens fruit	Pizzeria Slice OR Chicken bacon ranch wrap or SPAGEL Tomato Salad & Fruit	Egg & Cheese Sandwich OR Nacho's w/meat & cheese Green Peas Fruit
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Season chicken w/rice OR Meatball Sub OR Personal Pizza Homemade Vegetable soup Fruit	Roasted Turkey w/rice OR OR Mozzarella Sticks w/garlic bread Butternut Squash fruit	Cheeseburger w/ oven baked fries OR personal pizza OR Cheese Quesadilla w/side salsa Steamed Kale fruit	Pizzeria Slice OR Chicken bacon ranch wrap or SPAGEL Creamy Chick Pea Soup & Fruit	Egg & Cheese Sandwich OR Nacho's w/meat & cheese Kernel Corn Fruit
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Season chicken w/rice OR Meatball Sub OR Personal Pizza Wax Beans Fruit	Pasta w/meat sauce OR Mozzarella Sticks w/garlic bread OR personal pizza Homemade White Bean Soup Fruit	Cheeseburger w/ oven baked fries OR personal pizza OR Cheese Quesadilla w/side salsa Spinach Salad fruit	Pizzeria Slice OR Chicken bacon ranch wrap or SPAGEL Pumpkin Soup & Fruit	<b>Schools Closed</b>
<b>29</b>	<b>30</b>	<b>31</b>	<b>5 Vegetable Groups Offered Weekly</b> <ul style="list-style-type: none"> <li>• Dark Green</li> <li>• Red/Orange</li> <li>• Legumes (dried beans &amp; peas)</li> <li>• Starchy</li> <li>• Other as defined in guidelines</li> </ul> <i>Menu is subject to change due to product availability or unforeseen circumstances</i>	
<b>Memorial Day</b>	Season chicken w/rice OR Meatball Sub OR Personal Pizza Homemade Vegetable soup Fruit	Cheeseburger w/ oven baked fries OR personal pizza OR Cheese Quesadilla w/side salsa Romaine Salad fruit	<b>Served Daily</b> Deli Turkey Sandwich Hummus Spread w/toasted bagel Tuna Salad Sandwich Cheese Sandwich Garden Salad w/chicken or cheese Sliced Ham & Cheese Sandwich Includes vegetable, fruit & milk This institution is an equal opportunity provider	